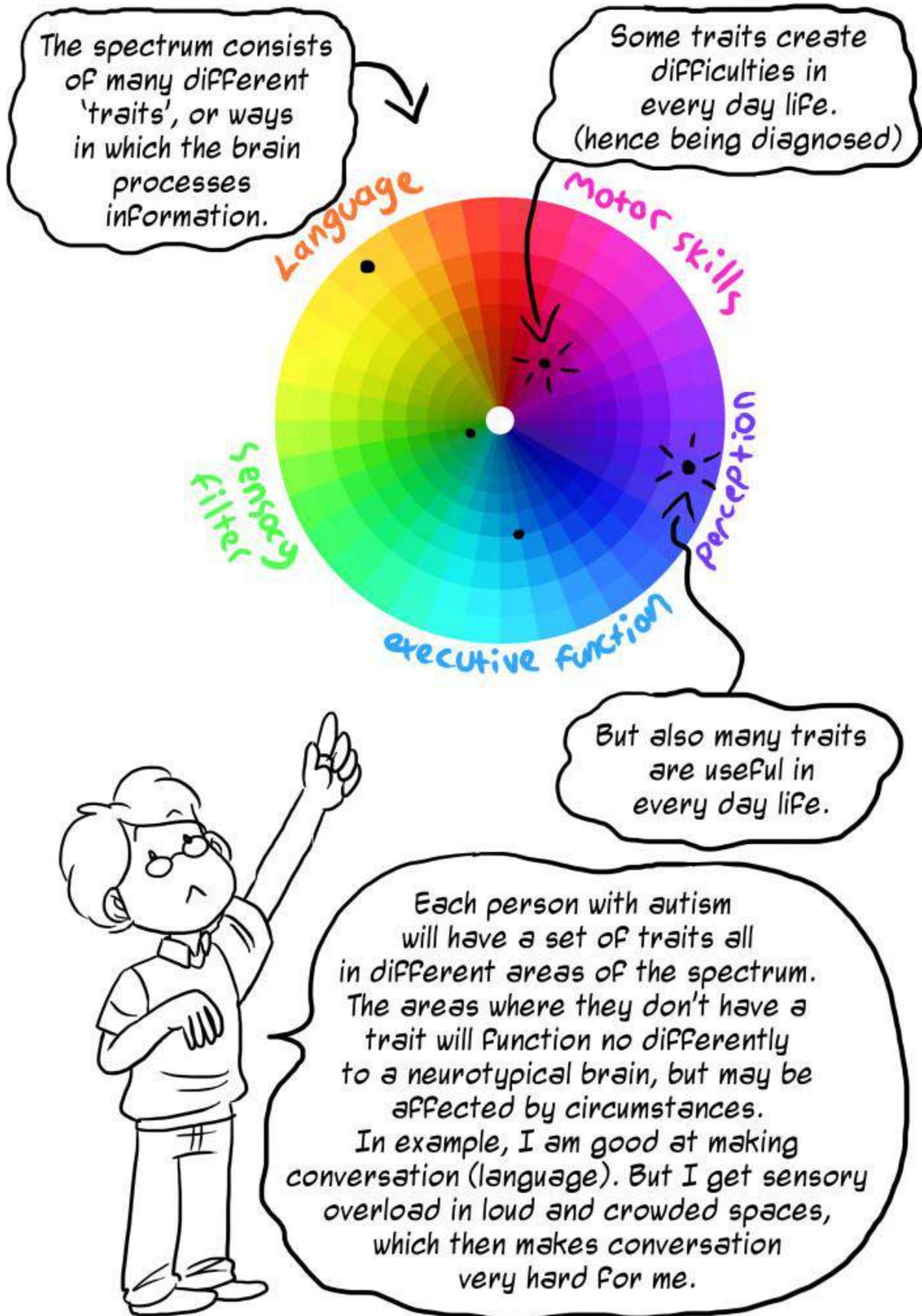


LEGO®-based Therapy Resource Pack



Autism Spectrum Circle by Rebecca Burgess



LEGO®-based Therapy Sessions

Possible Targets

Name:	Achieved	Not Achieved	Not Applicable
Enjoyment of the Sessions.			
Playing with the other participants.			
Making a friend/some friends.			
Improvement in listening.			
Improvement in talking.			
Improvement in focus.			
Improvement in remaining calm in upsetting situations.			
Improvement in accepting other's ideas.			
Improvement in coping with arguments.			
Improvement in compromise.			
Improvement in problem solving.			
Improvement in planning skills.			
Improvement in coming up with suggestions, or trying other things, when something goes wrong.			

The Club Rules

1. We try to work together.
2. Separate LEGO® with fingers or LEGO® tools.
3. Keep hands and feet to yourself.
4. If you drop LEGO® on the floor pick it up right away.
5. If you get stuck with something, ask for help.
6. If something is upsetting you or making you angry, ask for help.
7. If you break a model, try to fix it.
8. We tidy up.

My 'I Can' Chart

Name:	Not Yet	Sometimes	All The Time
I can build with LEGO®.			
I can find LEGO® bricks.			
I can give you a LEGO® brick.			
I can share my LEGO®.			
I can follow an instruction.			

LEGO® Levels Chart

Name:	Achieved
Level 5 - LEGO® Genius I can <ul style="list-style-type: none">• create a sequence or story with my group and• direct the sequence or story and• listen to the group's ideas, explain my own ideas and negotiate a final idea.	
Level 4 - LEGO® Master I can <ul style="list-style-type: none">• jointly create a freestyle model with another group member and• listen to the group and agree on a final model.	
Level 3 - LEGO® Designer I can <ul style="list-style-type: none">• create a freestyle Lego model and• clearly explain my ideas to my team.	
Level 2 - LEGO® Teamer I can <ul style="list-style-type: none">• be a Builder, a Supplier and an Engineer and• wait and listen to team members.	
Level 1 - LEGO® Worker I can <ul style="list-style-type: none">• work with Lego• work with Lego with another person.	

Problem Solving with Individuals

1. Try to keep calm.



2. Ask, "What is the problem?"



3. Decide what it is.



4. Think of ideas to solve the problem.



5. Pick an idea to try and try it.



6. If it works you have solved the problem. Yeah!



7. If it doesn't work, pick another idea and try it until one does.



Problem Solving with Groups

1. Try to keep calm.



2. Ask, "What's the problem?"



3. Talk together and decide what it is.



4. Think of ideas to solve the problem



5. Take turns to tell each other your ideas and decide which one you are going to try.



6. Try the idea and see if it works.



7. If it works you have solved the problem, yeah!



8. If it doesn't work pick another idea as a group and try it. Keep trying different ideas until one works.



Additional Resources

Autism Spectrum Circle by Rebecca Burgess can be found at <https://the-art-of-autism.com/understanding-the-spectrum-a-comic-strip-explanation/>

Book: “LEGO®-Based Therapy” How to build social competence through LEGO®-Based Clubs for children with autism and related conditions. Daniel B. LeGoff, Gina Gómez de la Cuesta, GW Krauss, and Simon Baron-Cohen.

Types of LEGO® kits (examples):

Very Small: LEGO® Classic Creative Blue Bricks 11006

Small: Some Creator 3-in-1 kits.

Medium: LEGO® City kits.

Large: Buildings.

Duplo (examples):

Very Small: Animals

Small: “My First...” Kits

Medium: Kits of things like Fire Stations, Police Stations

Large: Kits around themes like construction.